



Sensory Foam

Try this edible sensory foam for some fun and messy indoor or outdoor sensory play.

You will need:

1 portion of aquafaba (the liquid drained from one 400g can of chickpeas)

1/4 teaspoon Cream of Tartar

Food colouring (optional)

That's it!

All you need to do is add them into a bowl and beat them with an electric beater until stiff peaks form.