

FROM THE DIRECTOR



Welcome to our latest instalment of the Subicare newsletter. I can't believe we're at the end of June already! We have had such a busy few weeks at our centre and we are all happy to be sharing what everyone has been up to.

Over the past couple of weeks, our staff have been undergoing programming and documentation meetings and training with our Educational Leader (Julie Smith).

We are focusing on improving the quality of our programming cycle and ensuring that all of our educators have an understanding of what this involves. We are also currently working towards a more digital programming form in conjunction with Kindyhub.

Thanks to all our families that participated in our key educator meetings. We hope that the new time slots made it easier to attend meetings.

We would like to welcome any feedback from our families about your experiences with programming and documentation at our centre. Please remember that we would also like to encourage our families to become involved with our programme. This can be done by contacting your child's educators or bringing in items to share with your child's peers.

30th Anniversary Celebrations

Oh, what a night we had at the 30th celebrations. Thanks to all the families that attended and all the families that helped in any way. It was a huge success.

We have two books full of photos of the night and all the photo booth photos that will be up on the admin desk for a few weeks if families would like to have a look through.

Finally, a huge thank you to all staff. None of this would've been possible without your hard work and attention to detail. Much appreciated.

Mother's Day Afternoon Tea

A huge thank you to all of our family members who were able to come and help us celebrate Mother's Day afternoon tea. Our children and educators were very excited to be able to share this experience with their families. We hope all of our mums had a wonderful time!

Sustainability

Children love kitchen and garden classes because they're fun and challenging at the same time. Agnes is our sustainability co-ordinator and she is thinking of special and fun ways for our children to experience nature. Examples of these so far are digging in the garden, forming a worm farm, smelling, tasting and preparing food with friends and educators. Any other ideas would be greatly welcomed.

Gentle reminders

- We are a nut free centre, so please ensure that no products with nuts are brought into the centre
- Regarding our health policy, we ask if your child is sick, please refrain from bringing them to the service. This helps to minimise cross infection to other children and staff.
- We are a SunSmart centre and apply sunscreen throughout the year with this in mind we ask all parents to make use of the sunscreen station outside our front door. We will re-apply throughout the day.

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- If your child is absent, please notify us via kindyhub or quick call to the centre.

Staffing New staff

We have had a few casual staff that have joined our team.

Also, a huge congratulation to Wendy, she has moved into a dual admin role with Trish. She will be in admin on Monday and Thursday. She will be looking after the OH&S component of the centre, as well as other administrative duties. Trish will still be doing parent accounts.

On Mondays and Thursdays, we welcome Tara into the Food Coordinator role. Tara is a qualified cook and currently completing her studies in nutrition. She comes with lots of food industry knowledge. And will be helping us look at the nutritious side of our menu with Wendy in the next few months.

Parent Management Committee

We are looking for new members to join our wonderful Parent Committee. The parent committee can be a great opportunity for you to work in partnership with the service to promote positive outcomes for your child. If you have any questions on how to become a committee member please feel free to chat to me or email our current chairperson Rebecca Murphy at dep_rjm@bigpond.com

The committee will arrange a catch-up late July at the Unicorn to meet with any parents that may be interested in joining the management committee.

Details to follow.

Lindsay
Director

FROM THE EDUCATIONAL LEAD



Hello to All!

My responsibilities as Subicare's Educational Leader sometimes take me to destinations both far and wide, in a bid to explore and source new, innovative and up to date educational and developmental learning, which supports our children and our centre practice.

Throughout March and April I have attended a 'Clare Warden' workshop: 'Talking and Thinking Floor books', myself and Christine attended the 'Child Australia Early Development and Learning Conference', over two days at Crown, and Deanna and myself travelled on an organised sector-related bus tour... 'The Tour to Excellence', visiting four 'excellent' rated early learning organisations, within Perth and surrounding areas. Throughout the conference the constant message related to sector professionals was, 'the strong emphasis and impact on early learning within the first five years of a child's life, is paramount to foundational success ongoing throughout childhood and into adulthood'.

With this in mind we've returned with vigour and an enthusiasm to impart knowledge and practice to our team, and to engage and expand early learning and development practice within Subicare.

An update on our '**School Readiness Program**', which continues to promote educational learning and development, in accordance with the 'Kindergarten Curriculum Guidelines', for our 3-5year old children in Rainbow 'Kindy' Room. I'm sure there will be much to read in the Rainbow Room's newsletter piece, but from an Educational perspective, the following has made a strong and noticeable impact upon curricular practice in our Kindy room. The ongoing focus on a 'play based curriculum' is supporting self-regulated learning and development, positive social engagement and strong

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foundational independence for children both independently and collectively. Children are enthusiastically participating in learning, which subliminally offers opportunity to engage, experience and explore whilst working towards achievement of developmental milestones.

'Kindy Hub continues to support centre to family communication and connection. Hopefully by now you have accessed your Kindy Hub apps and are enjoying experiencing your child's learning, development and enjoyment through our photos, learning stories and daily reports.

Julie Smith

*Deputy Director
Subicare Educational Leader*

ANIMAL FUN WITH MEL



You may have noticed in the Daily Reports that the children have been doing something called "Animal Fun with Mel" since May 2017.

What is this Animal Fun thing you may ask? Let me tell you! It is a low-level movement program designed by Curtin University for children from 5 years, which we have adapted to suit the age groups in the centre.

It is an interactive, exploratory and non-competitive program that utilises the movement of animals to keep children engaged. We chose this program, as it is designed to improve pre-movement fine and gross motor skills as well as participation in these types of activities, while enhancing the children's sense of social/emotional well-being. These components are an integral part of Subicare's curriculum, and the children's development.

The children are all loving the program, asking every day "is it my turn for Animal Fun"! So, it has quickly become a favourite part of Subicare's Health and Well-Being program.

Remember to keep an eye out for the photos of Animal Fun in the Daily Report and to ask what animals were part of the lessons this week.

Please feel free to chat to me if you have any questions regarding Animal Fun.

Thanks

Mel 😊

KINDY HUB



Hello parents, by now you will all be familiar with Kindy hub, just recently we have received our very own Subicare kindy hub app available for download in the app store for Apple and in the play store for android.

We hope you are enjoying all the features as much we are, it is a wonderful way for us all to connect and for educators to share with you the important information about your child's development and social interactions. As Educators, we are all enjoying being actively involved in the daily reports, learning stories and report creators. Kindy hub minimises the time educators spend on paper work and maximises time spent educating and spending quality time with the children. Kindy hub effectively supports staff who are working towards their diploma with EYLF knowledge and improves their documentation capabilities. We really appreciate all the positive feedback and wonderful comments from parents we have received so far.

Thank you.

Liz Joyce

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FROM THE KITCHEN



Well we are half way through the year. What a great first six months we have had.

Your children have made new friends and built relationships with educators.

They have grown and changed so much. It always amazes me how quickly this happens.

One of the biggest highlights of my day is going into the rooms and spending time with your children, talking to them, playing with and just listening to them tell me what they have been doing, listening to them laugh and have fun!

HERE IS A BANANA BREAD RECIPE:

- 1 ¼ CUPS S/R FLOUR
- 1 TEASPOON GROUND CINNAMON
- 20g MELTED BUTTER
- ½ CUP BROWN SUGAR
- 1 EGG (DELETE IF YOU LIKE, JUST ADD 20g EXTRA BUTTER)
- ¼ CUP MILK
- ½ CUP MASHED BANANA

Method

PREPARE BAKING TIN WITH BAKING PAPER
MIX FLOUR, SUGAR, CINNAMON, BUTTER, EGG, MILK TOGETHER
ADD MASHED BANANA AND JUST MIX THROUGH. DON'T OVER MIX
SPOON MIXTURE IN TO THE PREPARED TIN

PLACE IN PREHEATED OVEN AND BAKE FOR ABOUT 30 MINS, LEAVE IN TIN FOR 5MIN BEFORE TURNING ONTO WIRE RACK.

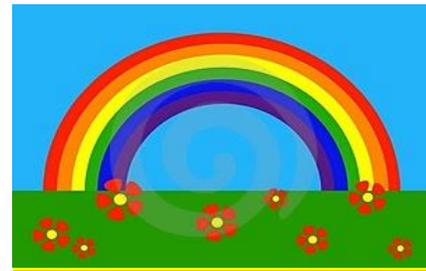
ENJOY WARM WITH CUSTARD OR ICE CREAM.

TOAST IN THE TOASTER THE NEXT DAY OR JUST EAT IT AS IS

THANKS

WENDY MILLER ☺

FROM THE RAINBOW ROOM



What a busy few months we've had, it's hard to believe July is almost here.

We hope you are all continuing to enjoy the benefits of Kindy Hub. It has been a fantastic addition to our centre and thank you so much for your continued support and feedback.

You know your Rainbow team as: Deanna (Senior educator/pre-service ECT), Alice and Tina (Educators), and Ash floating in the morning and evenings and now we welcome the addition of Sylvia Nyberg to the team. Sylvia has experience in early years' education and her mother is actually a former Subicare staff member. Sylvia starts on Monday the 10th of July, please help us make her feel welcome.

French classes have continued being a huge hit with the children loving Vanessa Pietrasik's classes. It has been so lovely to see the children embrace the French language and watch their development as the weeks progress.

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The educators ask that our Rainbow parents please do not complete the kid's morning jobs for them, as we continue to encourage independence, self-regulation and responsibility in all the Rainbow children. Speaking of encouraging the children, we will be continuing to use Diana Rigg's Literacy program to teach the children oral language, movement and motor skills as well as literacy, appropriate to their developmental levels and extend on the children's interests in basic numeracy.

Finally, a friendly reminder for families to ensure plenty of weather appropriate spare clothes are provided daily. This enables us to be covered for any accidents, mishaps or messy fun that occurs!

Your Rainbow team,

Deanna, Alice, Tina & Ash.

FROM THE SUNSHINE ROOM



Hello Sunshine room families! We've had a very exciting few months in the Sunshine room and have been very busy. We've been exploring a lot to do with dinosaurs, in that we have been reading stories, creating art work and the educators have created an incredible dinosaur corner filled with so many different sensory items and toy dinosaurs.

During our mat sessions every day, the educators and children have been going through the days of the week, and having chats about our weather. The children are very involved and love trying to guess what day it is.

As some of you may know we took a small trip recently to the theatre gardens to go on the playground. The children enjoyed this experience so much and we are looking forward to doing this a lot more in the future.

We have been creating a lot of small group learning sessions for the children so that the educators can really connect and communicate with the children. This includes the delicious cookies that we baked for afternoon tea.

The Sunshine room team

Theresa, Liz, Carly, Jess and Lucy.

FROM THE BALLOON ROOM



Wow, June already! 2017 sure is flying by.

We look forward to continuing to share in some fascinating, fun, endearing and sometimes challenging moments with your little ones, through the latter half of the year.

As you all know, there has been some new staff in the room since March and there is a couple of new faces in the Balloon Room. We have happily settled in to the Balloon Room routine with the addition of Danielle in the Educator role since March and Christine in the senior educator role as of May, when Mel starting implementing Animal Fun as part of our Health and Well Being program in the centre and helping out in the other rooms. The children gave Christine and Danielle a warm, friendly welcome, making it a smooth transition as they formed connections with your little ones.

The children have already grown so much this year and we look forward to watching them continue to grow and develop new skills as 2017 continues on. All our 'Balloonies' have settled comfortably and happily into their care routines where they feel safe, secure and supported within their environment. Meal times, play and rest times have continued to be enthusiastically explored. The children are loving their independence and parent encouragement of self-help skills, independence and confidence at home is highly recommended. We also encourage parents to continue walking their child in by the hand, instead of carrying them

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into the balloon room to further promote their independence and resilience.

Potty training continues for our older children, with many of our children progressing to wearing Pull-ups/nappy pants and regularly utilising the potty or toilet. Meanwhile, our younger children have settled well into their own comfortable sleeping and eating patterns/routines.

We have been so busy celebrating and learning in the first half of this year, some of our big celebrations have been Easter, Mother's Day and Subicare's 30th birthday. There has been a journey of discovery and adventure as we explored the world of jungle animals, music, transport and demonstrated our nurturing skills with our babies in the home corner. It has been a wonderful year so far.

Thank You!

Julie, Christine, Mel, Danielle, Suchada and Mary

OH & S



Hi Parents,

You all may not be aware but not only am I a Senior Educator at Subicare but I am also Subicare's OHS Officer and endeavor to manage all aspects of safety at Subicare for the children, parents and Educators who enter our Centre.

Each newsletter I hope to impart some helpful safety tips for to use in and around your home. Also a few safety aspects we have in place at Subicare.

Travelling to Subicare.

We love how many families walk, ride and stroll to Subicare. Just a few simple steps to keep everyone safe.

- Encourage your child to hold onto the side of the pram or your hand when walking to ensure they keep close and away from the roads.
- Stick to footpaths when coming to and from Subicare. This includes discouraging the children from climbing on the railing against the fence and garden bed retaining wall down our footpath.
- Please fold up your pram, strollers, bikes and scooters, placing them neatly against the wall near the front door, keeping access to the bin areas for the Educators throughout the day.

Safety at home

It's not possible – or even a good idea – to protect your child from all the bumps, bruises, scrapes and falls of childhood. These are just part of growing up for an active, curious child. But with some practical steps and planning, these incidents are more likely to be the kind that a kiss, cuddle or Band Aid will fix, rather than one of the many serious accidents that happen in Australia each year.

The **most common causes of child injuries** in Australia are:

- Falls
- road accidents – for example, running out into traffic
- poisoning
- burns and scalds
- assault.

What you can do to prevent serious child injuries

Keep an extra close eye on your children in situations where they're most likely to get into difficulties. This includes when they're:

- in the bath
- in the kitchen
- the pool or beach or near water
- near driveways, car parks and roads
- visiting away from home.

It's a very good idea to **do a First Aid course** so that you're prepared for any injuries or accidents your child might have.

Always **keep a first aid kit handy** at home and in your car.

You can also **keep a list of emergency numbers** by the phone.

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(source:

http://raisingchildren.net.au/articles/common_injuries.html/context/340)

If you have any enquiries feel free to talk to me at Subicare.

Christine Megow -OHS Officer

FROM THE ADMIN DESK



Hi to all Subicare parents!

Just a reminder to all parents that if your child is absent from Subicare on a particular day you must write the **reason for**

the absence on the day and sign. Don't forget to sign in and out and note the times on your sign in sheet. This is a regulatory requirement for Subicare.

Also, a further reminder that childcare fees are **increasing as from 10/7/17** and an email has been sent to all parents.

As parents know, we invoice **one week in advance** rather than in arrears. As you are aware we are a non-for-profit organisation and this process greatly assists with the efficiency and daily financial running of Subicare.

This however may mean that your benefits from Centrelink do not appear on the current invoice. These benefits will be present on the next weeks invoice.

We thank families for your patience with this billing method.

If you would like to query your statement please feel free to contact me on Tuesdays or Fridays or send me an email.

Trish - Administration Officer