

SUBICARE LINK



February 2017

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FROM THE DIRECTOR



We welcome back everybody and hope all families had a great festive break. Welcome to all our new families and hope you and your family enjoy our friendly, educational environment. Please if you have any questions, speak to the staff in your child's care area or alternatively pop in the office for a chat. We also welcome any input or suggestions and hope you share your culture with us and any ideas are much appreciated.

Gentle reminders

Staffing New staff

Attached to this newsletter is an update on staffing for this year and the care environments they are in.

Please note that Kaylah (Sunshine room) has resigned. She is leaving to go back to her home country of New Zealand to be with her family. We will miss Kaylah and look forward to many messages and pictures of beautiful New Zealand. Thank you for all your hard work at Subicare. I will surely miss your infectious smile around the centre.

Replacing Kaylah will be Jessica. Jessica has been doing casual work with us for the past few months and has gladly accepted the offer to become fulltime Cert III trainee at Subicare. We welcome Jess to our Subicare family and look forward to making many Subicare memories with her.

Up and coming dates to Remember

In November 2016 Subicare turned 30, we are embracing the 30th year at Subicare and planning to have a Subicare Birthday Bash for all Subicare families past and present on Friday the 5th of May 2017.

We would like to ask for a few parent helpers on the day and in preparation for the lead up to the event. If you are interested, please send me an email at director@subicare.com.au and I'll be in touch.

Updates from the Educational Leader

Hi to all,

In my role as Educational Leader for Subicare, I oversee the organisation and support of centre curriculum, children's learning and development.

This year in 2017 we are looking forward to the continuation of our '**School Readiness Program**', promoting educational learning in accordance with the 'Kindergarten Curriculum Guidelines', for our 3-5year old children in Rainbow 'Kindy' Room.

Our newly appointed Early Childhood Teacher for 2017, Melanie, has already set in place a strong outline of engaging, creative, play based and formal educational learning opportunities for term one. The Rainbow team

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are enthusiastically looking forward to a year filled with interest, wonder and active learning.

Balloon and Sunshine Rooms continue to develop and devise curriculum with an emphasis on strong foundational learning, with continued underpinning knowledge and guidance derived from the Early Years Learning Framework. These age groups 3mths-2yrs and 2yrs-3yrs continue to develop curriculum which focuses strongly on both individual and group developmental awareness, interests and active learning.

This year our centre is working towards building greater and stronger connection and engagement with centre families. Subicare will further expand on its communication and interaction opportunities when introducing a curriculum based IT format known as 'Kindy Hub'. This service aims to maintain all current centre curriculum information and offers Educators the opportunity to expand and develop greater connection and knowledge sharing between centre and families.

We are presently engaged in a one month Kindy Hub trial period throughout February, based in Rainbow Kindy Room. This allows us as Educators time to explore and develop an outline which suits our centre's requirements. So far so good, parents have received snippets of their child's learning and or daily reports for the Kindy environment as a whole.

For Subicare families, 'Kindy Hub' will allow the sharing of appropriate and relevant information with a greater connection to your child's current educational learning and development. It promotes a stronger link between families and current centre interests, focuses and celebrations.

This is an exciting time of our year, as we welcome new families, support children as they move towards their next developmental milestones and introduce and develop an innovative technology based curriculum,

which supports further and stronger connection between Subicare and its families.

We look forward to the exciting learning journey ahead.

Julie Smith

Deputy Director

Subicare Educational Leader

From the Kitchen



It has been a good start to the year. Your children have been happily eating a variety and range of different foods.

Here is a very easy and versatile recipe you can adapt to your child's taste.

CUPPY CUP

1 cup SR flour (or wholemeal SR)

1 cup grated cheese

1 cup milk

METHOD:

Place all three ingredients in a bowl and mix together.

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You can add a variety of different ingredients (e.g. finely grated or chopped vegetables) to this recipe, such as:

- Carrot, zucchini, asparagus, tomato and mushroom. Add a little extra milk if the mixture looks a little dry.

You can also add a little garlic, herbs and spices.

Then spoon a little on to your baking tray. Sprinkle a little parmesan cheese on top.

Bake at 180C until golden brown.

From

Wendy 😊

FROM THE RAINBOW ROOM



We have started the year, with the topic, “All About Me”. We have been supporting the children in getting to know each other, learning the names of our new friends and Educators and establishing friendships. Small group storytelling and group games have promoted the children’s sense of security and sense of belonging. Your new Educators are Melanie, Alice and Danielle. While Deanna is continuing to educate and care for the Rainbow Room children, from last year, Alice and

Danielle have moved up with the new children, from the Sunshine Room. Melanie is our new ECT of the Rainbow Room.

We are also launching the new KindyHub online programming system, in the Rainbow Room, which uses encrypted, high security measures, similar to those used by banks and government departments. Please return the Kindyhub details form ASAP, once returned you will receive login details and app access once the one month trial period has ended.

French classes will be starting from the 31st January with teacher, Vanessa Pietrasik.

We will be using Diana Rigg’s Literacy program to teach the children oral language, movement and motor skills as well as literacy, appropriate to their developmental levels. The Pre-Kindies will be developing their oral language and vocabulary in Term 1 and sharing catchy picture books. The Kindy children will be concentrating on blending and segmenting syllables, then moving onto phonological awareness and phonics.

Your Rainbow Room Educators Deanna, Melanie, Alice and Danielle

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FROM THE SUNSHINE ROOM



Hello from the Sunshine room! We welcome you all back for another year full of learning and fun. We would also like to wish you all a happy new year, it has been a busy few weeks. We have been focusing on settling back into the Sunshine daily routine. We have welcomed some new friends to the room and we are now starting to feel comfortable in our surroundings and we are building strong bonds with our educators.

We recently celebrated Australia day making Australian flags and paper plate koala bears. We are acknowledging the ancestors of this country by introducing 'welcome to country' activities. We also celebrated the Chinese New Year (the year of the rooster). We have many exciting activities in store for the coming months, including excursions to the Theatre gardens, to the Subiaco Library for singing, reading and craft. We will also be creating our new garden space. This will be an ongoing project for the coming months.

So many exciting learning experiences ahead.



Your Sunshine Educators

Liz, Theresa, Carly, Tina and Kaylah.

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FROM THE BALLOON ROOM



We warmly welcome all our families both new and old to Balloon Room for 2017.

We look forward to sharing some interesting, fun, endearing and sometimes challenging moments with your little ones, throughout the coming months.

Mums and Dads... it's been wonderful getting to know you all. We look forward to getting to know you better over the coming months, sharing news regarding your child's developmental achievements, funny learning moments, and general updates regarding their day in the Balloon Room.

WHAT'S HAPPENING NOW?

We are happy to report that all our 'Balloonies' are starting to settle comfortably and happily into their care routines. Mealtimes, play and rest times have been enthusiastically explored. Most children are displaying a willingness to initiate to engage and to 'join in' and at their own pace and comfort.

On our hotter days, we have been busy enjoying sand and water play, with lots of splashing, filling up and tipping out containers. Some of us are

getting adventurous, by climbing the ramp and going down the slide even testing out the one in the Sunshine Room Yard.

There has also been lots of interest in music and singing, so we will continue to with our music fun by adding instruments. Check out our program wall to see what other activities we are planning to continue their learning journey.

WHO ARE THE EDUCATORS IN BALLOON ROOM 2017?

It's always good to know who the Educators are that care for your children each day. This year there have been some staff rotations and new faces to be found in Balloon Room.

Julie has remained from Balloon room 2016 as the room Senior Educator. Katie, Mary and Suchada have also remained from 2016 as an educators. Mel, who some of you may know from the Rainbow Room has joined the Balloon Room Crew as a Senior Educator.

Thank you! 😊

JulieH, Mel, Mary, Katie and Suchada.

(Your Balloon Room Educators for 2017).

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OH&S

We are an **allergy aware centre** which means we try to reduce the risk of inadvertent exposure as far as practicable. It is never possible to achieve a completely allergen free environment in any service that is open to the general community.

Instead it is important to recognise the need to adopt a range of procedures and risk minimisation strategies to reduce the risk of a child having an anaphylactic reaction, including strategies to minimise the presence of the allergen in the education and care services.

- Ask parents not to bring outside food into the centre
- Ask parents of all the children not to send food that contains the most common allergies for celebrations and occasions when food might be shared.
- Making sure materials such as milk containers, egg cartons or egg shells are clean and free from contamination before using for art and craft activities.
- Being aware of the risk to an identified child of using allergenic foods in cooking activities
- Keeping grass areas mowed and reducing plants that attract stinging insects
- Sharing of food, containers and utensils should not be allowed in the service
- Eating areas and utensils should be cleaned with warm soapy water or put through the dish washer to remove traces of potential allergens
- Working together with parents to gain a shared understanding of the risk in routine activities such as cooking, arts and craft and the overall philosophy of inclusion for all children
- Staff have adequate training in and knowledge of allergies, anaphylaxis and emergency procedures. There is always an educator with the required training and skills in attendance at all times children are attending the service, including during the conduction of excursions.
- Try to raise awareness about allergies and anaphylaxis amongst the children
- Children are supervised when eating and drinking
- Regular discussions with children about the importance of eating your own food and not sharing in these situations
- Food is eaten in a specified area which is a focus of supervision
- Continuing education and awareness strategies in the day-to-day management of the service to reduce the likelihood of exposure to relevant allergens and help educate others of the risk.

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FROM THE ADMIN DESK



Welcome back to all our Subicare families for 2017!

One of the most frequently asked questions from parents is anything regarding your Child Care Benefit (CCB) or Child Care Rebate (CCR).

You must apply to be **assessed** for CCB/CCR from Department of Human Services (DHS). They will then issue you with separate CRN's (Customer Reference Numbers) for the parent claiming the CCB/CCR **and** for your child.

Once you have been assessed for CCB and/or CCR please supply us with your CRN's, so that any credits you may be eligible for are applied to your account. DHS may be able to back date to a certain date only. Also, please be aware that your CCR may be close to running out towards the end of the financial year.

If you have any queries regarding this, please feel free to contact me to discuss.

My days of work at Subicare have also changed due to the new system and processing requirements and I can now be contacted direct on **Tuesdays or Fridays**.

Alternatively, you can always send me an email at admin@subicare.com.au

Trish – Administration Officer